

Daily Meditation 04/17/2023

Has the Supreme Court No Shame? A question for John Roberts

Good morning.

In today's meditation, we are reflecting on Clarence Thomas and the Supreme Court.

So, I address a question to the head of the Supreme Court, John Roberts, about whether there is shame or no shame on the Supreme Court?

And I am going to share with you today a list of opposites of shame. One way to learn a spiritual concept is to go its opposite first.

There's a lot of shamelessness going on in our politics in America today and, sad to say, purely on our Supreme Court. So this list gives us an angle on what healthy shame might do for us.

The opposite of shame. These are such realities.

This I get from a thesaurus:

Integrity. That's the opposite of shame.

Decency, righteousness, principle, uprightness, scrupulousness, rectitude, morality, character, nobility, pride, respect, admiration, esteem, regard, reverence, devotion, dignity.

Distinction, nobility, pride, decorum, graciousness, reputation, image, renown, repute, good name, distinction, credit, esteem, respect.

So, these are a few--it's not a complete list--of antonyms or opposites to name. And I think it's quite telling that there are so many words to meditate on that are the opposite of shame.

Is there shame left in our politics today? Is there shame left on our Supreme Court today?

Thank you. We'll see you tomorrow.