

Daily Meditation 02/10/2023

Sacred Light among the Celts and in the Hindu Scriptures

Good morning.

I hope you found the meditation this morning to be rich. I find a very rich meditation on light coming from the Celtic tradition on the one hand, and the Hindu scriptures on the other. Of course, there is a deep connection between the Hindus and the Celts. The Celts originally came from India, after all.

And here's some more meditation from the Buddhist tradition. One current wisdom scholar named Nikhilananda says this:

The light that illuminates the sun is the light of Brahman.

...the light that illuminates the sun is the light of Brahman.

And Brahman shines, everything shines. By Brahman's light, everything is lighted.

So light becomes a supreme image, both for Atman and the Brahman, Atman being our own souls, and Brahman being the Godhead. And we touch this light when we understand our own selves. He says,

Since Vedic times, light has been regarded as an epiphany of Being --

...an epiphany of being...

...of Spirit..

...an epiphany of Being and Spirit: same thing. Therefore, it's where the cosmos and the psyche come together:

The light that shines beyond this heaven, beyond all, in the highest worlds, beyond which there are none higher, is truly the same light that shines within the person.

And this light is in the human heart. In fact, the Atman is the self that is in the heart of a human being, in the form of "a light in the heart." And to approach divinity is difficult because there is such an immense radiance there. It's like looking at the sun, it's not good for your eyes. He writes:

Your form is difficult to see because of its glaring effulgence spreading on all sides, like blazing fire, or the immeasurable radiance of the sun. Yet I see this glowing form everywhere, adorned with various crowns, clubs, and discs.

That reminds me of the mystical experience that Thomas Merton had, the Catholic monk, crossing the street one day in downtown Louisville during rush hour, during noon time. And he wrote about it the next day in his journal,

saying, "How is it possible to tell everybody they're walking around shining like the sun?"

This experience that he had, is exactly what's being talked about here, from a Hindu perspective. And we can call that luminosity beaming from all of us, the Cosmic Christ, or we can call it Brahman. Or we can call it Salem, which is the It is the life-giving brilliance, splendor, that beams from all beings.

Holy light, image of God in Hebrew, or we can call it the Buddha nature. But it is a reality. Doxa, glory.

Thank you. We'll see you tomorrow.