

Daily Meditation 08-04-22

Kansas Voters vs. Judicial, Political and Religious Extremists

Good morning.

This morning we are meditating on the election results of Tuesday, and especially the charged response to the Roe versus Wade Supreme Court decision of a short while ago in Kansas. Because in Kansas, a very high percentage of voters came out -- an unusual high percentage for a primary election this week -- to express their displeasure with that judicial overreach and the undoing of 49 years of a settled law, a law that was decreed settled by the three most recent members of the Supreme Court during their nomination appearance before the Senate.

So it was really quite moving to see this many people eager to express their opinion in Kansas, which has not had a Democratic senator for over 100 years. And it tells us something, I think, of the upcoming election in the fall.

So I'd just like to share with you a few teachings from spiritual teachers that I think have implications for this cultural moment that we are living through.

Here is Rumi, the great 14th century Sufi mystic.

If you wish your heart to be bright, you must do a little work.

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If metal can be polished to a mirror-like finish, what polishing does the mirror of the heart require?

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Because I do think a lot of people responding negatively to the exaggerated laws that are being passed in many state houses today (based on the green light, blank check offered by the Supreme Court and its current makeup) are moved to sanity, common sense when they hear the story of a 10-year-old girl who was raped by a relative, who is pregnant, living in Ohio and Ohio forbids all kinds of abortion, even in her instance, so she has to travel to Indiana to take care of that tragedy she's carrying in her body.

It's hard to believe that there are men and women in the Supreme Court and in state legislatures, that think that she should be pursued, this 10-year-old girl, and the doctor who did the abortion should be arraigned and may be imprisoned, which is happening by a politician and the attorney general in Indiana.

So the polishing of the mirrors of our heart is an important spiritual practice that we all should take a look at on a regular basis. We do have to do that inner work, that Rumi he is talking about.

And it goes deeper than keeping one's job. It's a deeper work.

Thank you. We'll see you tomorrow.