

Daily Meditation 03/30/2022

More on How Space Births Mystics—and Prophets

Good morning.

We continue our meditations on the situation in the world today, and in our hearts and souls...both the presence of evil, which is obvious, but also the presence of the lover in all of us, the mystic in all of us.

And I hope you're genuinely moved by the last two daily meditations where I invoke the testimony of space travelers, of astronauts and cosmonauts, and the profound things they say happened to them, psychically, spiritually, transformations they underwent in space. They can come back different people.

And it was beauty that woke them up, and the frailty of the Earth as they saw it in context out there, and of the atmosphere itself, which they saw in context.

So it's a combination of awe, which is a sacred expansion of the mind, of the heart, of the soul, of consciousness, but also a certain fear, some of them talked about, that life is so fragile, to use their word, and the earth, and the atmosphere over the earth is fragile. And of course, these words reported from astronauts and cosmonauts are several decades old. And things have become much more fragile since they spoke. But I think I asked a very important question:

"Do we all have to become astronauts or cosmonauts to become mystics?"

And of course, I answer it as saying, I hope not! And there have been many mystics on Earth, who didn't have to go to the moon to become a mystic, or out into space to look back to become mystics.

In fact, I'll be blunt: I think it's a little pitiful.....a little pitiful... that our culture and its universities, and its science, has been so thinly endowed with a sense of mysticism. And of course, I include our religions here too, that people don't become mystics. Some people only become mystics by taking a 240,000-mile journey, then round trip, a 480,000-mile journey to the moon.

"Oh, that's what mysticism is!"

Yes, I do hope that people come to what mysticism is far earlier in their life. In fact, I think all people are mystics, we're all born lovers and curious and wanting to connect to the whole, to the whole community.

That's what mysticism is.

When I was 16, I read Leo Tolstoy's War and Peace, and I told a friend it blew my soul wide open. I didn't have a word for it, but it was a mystical experience. So I think reading War and Peace, which probably cost about 15 dollars at that time, maybe more now, is a pretty cheap way to become a mystic compared to these astronauts and cosmonauts.

So now a good novel can make you a mystic, good music can make you a mystic and good friends, friendship, family experiences can render you a mystic, good experiences in nature, and with brothers and sisters and friends as children can render you a mystic.

So it's not esoteric to be a mystic; it's organic, it's natural. And of course, creativity of all kinds, venturing into your own love of music and becoming a musician and creating joy for others, all that is mystical. And with healthy religion, that's its purpose, really, whether they know it or not, is to enliven your mysticism in good ritual and ceremony. Liturgy ought to be able to do that.

Good teachers point out the wisdom, the beauty, in poetry, in art, in music and so many other realities of life, and certainly animals. I know many women whose riding horses as children made them a very strong person, and they had deep relationships with horses and that too can render you a mystic; friendship does that too.

So let's not think that the astronauts and cosmonauts are setting a pace for us. They aren't, about mysticism. But they do have stories to tell, and it's significant, because they weren't hired as mystics. They were hired as scientists and engineers and whatnot to go to other planets.

Thank you. We'll see you tomorrow.