

## Daily Meditation 03/24/2022

### Amidst Evil in Ukraine, Good News from Father Sky...

Good morning.

We're meditating today on the importance of staying in touch with the good, staying in touch with the light in the midst of dealing with evil. And we're bringing together a number of wonderful teachings from the world's spiritual traditions about light, and the divine. And how the work of humans to put the Webb telescope into the sky to examine and bring home to us the history of light, which is the history of the universe, is truly an exciting moment in our evolution as human beings.

Let me share with you a couple of other teachings about light and the divine. From the Hindu tradition, we learned that

*There is a light that shines above this heaven, above all worlds, above everything that exists in the highest worlds beyond which there are no higher -- this is the light that shines within humans.*

So notice that the greatest of the light of the universe, also shines within the human.

*...In the highest golden sheaf is the Godhead, unsullied, indivisible, pure is it, the Light of lights.*

...the light of lights.

*He who knows the self knows it...*

or to know oneself deeply is to be in touch with that light of lights.

*...With the radiance of that Light alone, all things shine,  
That radiance, illumines all the world.*

...it illumines all the world.

This is very, very close to the teaching of the Cosmic Christ and Christianity. But the glory, the doxa, of the Christ, is found in all beings.

*The light that illuminates the sun is the light of Brahman; when Brahman shines,  
everything shines. By Brahman's light, everything is lighted.*

Everything is light. Well, you can transfer that language to other traditions, that using the name God, or Godhead, by God's light, everything is lighted. By Christ's light, everything is lighted.

In that this light finds a home, in the human heart -- that is very good news to be reminded of, at this time in history.

St. Paul put it this way:

*We all, with faces unveiled, reflecting as in a mirror, the glory of the Lord, are being transformed into His very image from glory to glory, as through the Spirit of the Lord.*

And the risen Lord is called "the Lord of Glory"...the Lord of Glory.

This is an archetype of teaching, that the Light of the world is found in the human heart as well. Thomas Aquinas put it this way:

*God puts into creatures, along with a kind of 'sheen,' a reflection of God's own luminous 'ray,' which is the fountain of all light... Shining reflections of the divine radiance must be understood as a sharing of God's likeness, and constitute those 'beautifying' reflections that make beauty in things.*

So Aquinas is explicit, but explicit about connecting beauty in light. He says,

*The being of things is itself their light. And the measure of the being of a thing is the measure of its light.*

So beauty for Aquinas is the light, the shining, the glory in all things. And it's our task to recover this beauty and to share it with one another, to tell the stories of beauty and of goodness, and especially in a time of darkness.

Thank you, we'll see you tomorrow.