

Daily Meditation 02/24/22

Hildegard of Bingen on Fire & Spirit, Joy & Wisdom

Good morning.

Today, obviously, we are spending time with Hildegard. And I'm very struck by the beautiful singing of one of her songs and the fine translation of the lyrics of the song which of course, Hildegard created. So I'd much rather invite you to go see the music than to listen to me. This is Hildegard's day, not mine.

But just to make one comment about the lyrics, that I didn't make already in the essay. And that is the role of the sacred masculine in Hildegard's consciousness. Remember, she's talking about the virtues, and their fragrance. The good fragrance the virtues create: remember, we've already talked about how virtue is a masculine term, the real meaning of virility, the real meaning of the sacred and healthy masculine. And of course, she also talks about armor that binds every limb, and a belt of honor. So, there are guards who are loosing the bonds of those chained in the prison of evil.

So, like all the mystics she has this balance of the feminine and the masculine, and of course, she's talking about spirit as fire. Though "spirit" itself is a feminine word in Hebrew. And often, water is also a symbol of spirit, fire being the yang energy, water being the yin energy.

So I just point this out: look in her song for the presence of the healthy masculine along with the feminine and wisdom for example, which is one of the important feminine archetypes, and of course, her celebration of how Earth, Mother Earth exudes viridity, exudes greening power: Veriditas, another word for greeting power.

So with that, I encourage you to go to the link and listen to Hildegard in this wonderful rendition under a tunnel in the countryside of England.

Thank you. We'll see you tomorrow.