

Daily Meditation 01/06/22

Additional Reasons Why Men Hide Their Spirituality

Good morning.

As we begin our new year, and our new year in Daily Meditations, we've been leading up to the topic that we're picking up on today: that of the sacred masculine and how we get there from here, because this week, January 6 is such a testimony to the unsacred masculine, that which happened on January 6.

And in today's meditation, I'm referring to the experience of a young college student in England, who tells us he did not have a spiritual life, he didn't know what it was, until he began to read Thomas Berry's work on cosmology. And so, the first archetype of the sacred masculine is that of cosmology and Father Sky.

Now, when I first wrote my book on The Hidden Spirituality of Men, the very first response I received was from a woman who said she had over 200 books in her personal library on the goddess, the divine feminine, but not one on the sacred masculine. And she had two teenage sons. She said, "I didn't regret any of the time I spent the last 40 years getting up to date on the divine feminine and the Goddess."

But she realizes that this issue of men is the next stage in feminism itself. That yes, women have to get on board with this movement, not only because they have sons and husbands and male friends and brothers and uncles and fathers and grandfathers and co-workers who are male, but also because there is this masculine dimension to the woman's soul, as there is the goddess dimension to the man's soul.

One of the points I make in my book is that one of the signs of healthy masculinity is that a healthy man welcomes the divine feminine back to culture, and to himself, and of course, to the women in his life. And of course, the topic of the sacred masculine is not just talking about men, therefore; it is talking about women. And many women are walking around with a toxic masculine inside of them, because that is what our patriarchal culture spews forth. And again, January 6 is a fine example of that...or un-fine.

Now columnist Joan Ryan, who is the mother of a boy, wrote several years ago -- I quote her early in my book -- that a recent study found 86% of adolescent suicides -- 86% -- were by boys. And here's what she wrote:

Not a single email, phone call or letter about the column I wrote mentioned the striking statistic. It occurred to me that if 86% of adolescent suicides were girls, there'd be a national commission to find out why. There'd be front page stories, and Oprah shows, and nonprofit foundations throwing money at sociologists and psychologists to study female self-destruction. My feminist sisters and I would be asking, rightly, what's wrong with a culture that drives girls much more than boys to take their own lives? So why aren't we asking what's wrong with a culture that drives boys much more than girls to take their own lives?

...But also to take the lives of others? Ninety-eight percent of the shootouts that are going on regularly in America, in schools, and theaters, and churches, and grade schools, are by young men. And really, what she's speaking to is a crisis.

And of course, the crisis of January 6, and the denial of political leaders, so-called, to even want to work on how to prevent a similar January 6 event in the future, or how to turn back climate change.

This too is blunt evidence of a sick masculinity, not interested in Mother Earth, much more interested in gaining power for power's sake, and making more money for more money's sake, than it is in the future life of this planet, including the life of our species, our grandchildren to come, and of so many other species. Something is very distorted about the masculine at this time. And this is why we're proceeding now to take on that very important topic.

Thank you. We'll see you tomorrow.