

Daily Meditation 01/09/2022

How Father Sky Opens the Door of the Heart to the Sacred Masculine

Good morning.

We're continuing our journey into metaphors and archetypes that can heal the tortured, toxic masculine that is endemic to patriarchy, by replacing it with a deeper and more ancient and healthier understanding of the masculine that you find in archetypes. And one of these archetypes is Father Sky.

And as I point out, Father Sky is found universally around the world. Now, 90% of human cultures, that we know of, have talked about Father Sky and Mother Earth. Ten percent, such as Egypt, talk about Mother Sky and Father Earth, which is wonderful, which is fine, because it reminds us that we're not talking literal.

Metaphors are not about the literal symbolism and not about the literal archetypes and not about the literal. They are about something deeper, where also spirit emerges. And where imagination is triggered and nurtured and fed and awakened. So, we don't want to get literal about Father Sky. We want to open our hearts and minds and imaginations to the wealth or richness that is carried in this marvelous naming.

Now I begin this meditation with an amazing statement. I just love it. From the indigenous peoples of South America. It's an ancient teaching, one sentence: **"To be human, one must make room in one's heart for the wonders of the universe."**

To be human, one must make room in one's heart for the wonders of the universe.

There's so much that is rich in that one sentence. First of all, to be human. What does it mean to be human?

Are those people invading the capital a year ago, screaming and wanting to pain the Vice President of the United States, and destroy the 240-year ritual and practice of counting electoral votes so that power changes in a peaceful way? Is that being human?

Is wanting to kill your neighbor? Is that being human?

Is waving Confederate flags and all that stands for in American history--racism and slavery in a civil war that killed over 700,000 Americans, north and south, and lynchings, and genocide toward indigenous people? Is that being human?

So the question raised in the first two, three words, two of which are very small to be in this rich sentence, are themselves so rich. "To be human." What a wonderful statement! Hey, what does it mean to be human?

"To be human, one must...." Okay, now we're getting a definition of what it means to be human.

Okay, what is it to be one? To "make room in one's heart for the wonders of the universe." The wonders of the universe. That's awe--wonder and awe. The same thing. And notice where we find that wonder and awe. It's in our heart. It's in our hearts, not just in our heads.

To be human means you're in touch with your heart. You're in touch with your heart. What the heart loves is wonder. The wonders of the universe.

But notice, the task is to make room in one's heart. One has to grow one's heart, make a bigger heart, so that there's room for something really big. For the wonders of what? Of the universe.

If you don't have a cosmology--if your cosmology is just the television set, or your job, or just your family, that's not living in the universe! And it's not living with the wonders of the universe. And you will be set up for manipulation by politicians and media and others who do not hesitate to lie and to bring you down to their size--very small souls.

"Make room in our hearts." That's where the issue lies.

And that's why meditation is important. It opens the heart--learning to let go and to let be. And that's where art and creativity is important. To expand the heart. That's where joy is important. Thomas Aquinas says that joy expands the heart. Fear has you shrinking. Yes, growing smaller.

But the wonders, the ultimate wonders that the heart yearns for, is the universe. The wonders of the universe.

That's one reason I'm so excited about the new Webb Telescope. We are going to encounter even more wonders of the universe, just as Hubble introduced us for generations to wonderful wonders of the universe.

The universe is our home. It is our matrix. It is our mother. It is what birthed us. And it's calling us to its greatness, to its awe. And this is why Rabbi Heschel can say, "Awe is the beginning of wisdom." We want to be called to wisdom, not just knowledge. Knowledge alone is killing the planet.

Let me say it again. Knowledge is killing the planet.

Thomas Berry says most of the destruction of the planet is happening at the hands of people with PhDs. Yes, because they went through educational systems that did not include wisdom, which includes values, but was all about knowledge. Which is about information and facts, which are important, but they do not give us values. They do not give us the meaning of life or the meaning of living in community and expanding that sense of community to embrace the wonders of the universe.

I think the D.H. Lawrence, also cited in this meditation, puts it amazingly and wonderfully. Really the same message, that during the modern era, "We are cut off from the earth and sun and stars." And love is "a grinning mockery because, poor blossom, we plucked it from a stem in the Tree of Life and expected it to keep on blooming in a civilized vase on the table. "

We are cut off from the rising and setting of the sun, as he says.

The magic of connection, the wonder of the solstice and the equinox. All these wonders. We are bleeding at the roots because we are cut off from cosmology, from Father Sky. So getting Father Sky back is one very important step in getting the Sacred Masculine back.

Thank you. We'll see you tomorrow.