

Daily Meditation 09/25/2021

Healthy Masculinity Welcoming the Return of the Divine Feminine

Good morning.

We continue our meditations on the divine feminine and the healthy masculine, and the invitation to renew our understanding and talk about divinity.

And we might ask, why does it matter whether we talk about God exclusively as father, or as mother, and mother/father God? Well, that matters a lot. You can ask any mother or any father of daughters.

A number of years ago I was speaking at a women's conference in Oregon, Portland. I remember Rosemary Ruth, the Catholic feminist, was part of the conference. And I showed Hildegard's mandalas, her paintings, and told stories about her, and I shared her accomplishments in her life: how she was a painter, and a first-class musician, and a prophet who took on the powers that be of her time, a healer, and so much else.

And after my presentation a woman came up to me and she said, "I'm so excited to hear about this woman, Hildegard! I've never heard of her before." She said, "I have three teenage daughters at home, and we're Catholic." And she said, "You know the only model I've been given is Mary, and Mary didn't do all that much," she said. "But this woman you're talking about -- my goodness, she did so many things! I'm gonna run home and tell my daughters about Hildegard of Bingen."

And this is like probably 20, 25 years ago. So that really woke me up to how it's important that people have models in their lives that they can identify with, for women and girls. Not exclusively of course, but it's important, and so that's one reason why our meditations on the divine feminine, along with the sacred masculine (which we'll get to along the way) is so important.

But of course, there's also a sociological reason for it. And that is that, when the the feminine is denied or shoved aside, made peripheral, then our cultural institutions are based exclusively on patriarchal values.

And an obvious example of that is education, and academia, where we give all the brownie points for left-brain achievements (that is what Einstein calls the rational brain) -- rationality gets all the attention, but intuition, mysticism, and values (because Einstein also says values are found in the intuitive brain) -- these get sidelined.

So that, frankly, I think has a lot to do with the events of our time like January 6th, and also the incredible denial of climate change by some, and the shibboleth, the ideology that getting a vaccine shot interferes with my personal freedom!

Well, my answer to that is -- does a red light interfere with your personal freedom? Why do we have red lights -- to attack your freedom? We have red lights because there are a lot of people in our cities, and we have to respect one another. My rights can only go so far. My right to keep driving through a green light is fine, but people are driving on another street too, that's coming at me at 90 degrees, so one of us has to stop for the other, whether we know them, whether we like them -- the ego has to be set aside sometimes. And that's a question of values and a question of common survival.

So there are many reasons to meditate on the return of divine feminine, but caring for others, compassion, that motherly energy that is found not only in women but in men too -- this has to be promulgated as a value. Otherwise there can be no community. And ultimately society will fall apart, because there could be no trust if the ego, my personal freedom (so-called) is the dominant and only value.

Thank you; we'll see you tomorrow.